



A M O R C

The Rosicrucian Order

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THE CONCURRENCE

This Week's Consideration of a Famous Opinion



¶ The practical aim of helping the individual to recognize his spiritual freedom by showing that mental attitude controls material conditions has had an able exponent in Judge Troward. His many years in India and his practical as well as intellectual understanding of Indian and Oriental philosophy, combined with a thorough knowledge of Western philosophy, make his lectures and many books particularly valuable to the student. In connection with this week's clarification of the art of visualization, the following quotation may be helpful.



To do this is to work upon the plane of the absolute, and for this purpose we must endeavor to impress upon our subjective mind the idea of that which we desire quite apart from any conditions. This separation from the elements of condition implies the elimination of the idea of time and consequently we must think of the thing as already in existence.

—THOMAS TROWARD, 1847-1916

To the Members of the Esoteric Hierarchy, Greetings!

A number in this class have called my attention to a discovery which they have made more or less independently. It can be of such importance to you in the present experiments that I think it is a good time to speak of it.

First, a member wrote that after trying unsuccessfully for a long time to release something from his consciousness into the Cosmic, he began to analyze the process he was using. He began to appreciate the fact that the instructions were based on certain fundamentals given in the lower Degrees; so he began to reread back monographs until he ran across several that dealt with the proper manner of releasing things from the objective consciousness into the Cosmic.

Several others wrote that they had difficulty in projecting their thoughts and personality, and did not seem to be able to make others sense what they were doing until they analyzed their methods and discovered that they had overlooked certain fundamentals given in the lower Degrees.

This is a good time to look into these fundamentals, for others may have overlooked them. The explanation given in regard to visualizing a message or impression that you wanted to send to someone at a distant point told you to sit, relax, and slowly concentrate on the thought, idea, or picture that you wished to release through the Cosmic. When the idea, thought, or picture in your objective mind was at the height of its perfection and objective realization, you were to transmit it through the subconscious into the Cosmic and let it go on its way to the proper destination with the mental conviction, "it is done!"

A member's experience illustrates this. He said that about four days before he left home, he thought he would telegraph us that he was coming to the Convention. He sat down and began to think about sending us a telegram. After writing the message two or three times, he began to think of our receiving it, reserving a room for him, and of the kind of room he would have.

He began to think about the climate of California, sunshine, the fragrance of the fruit trees and flowers in this valley, and of the Convention itself. He thought of meeting members and enjoying their companionship. He thought of how nice it would be to come back to his hotel room, take a shower, have a good night's sleep, and be on hand early in the morning at Rosicrucian Park. Then he began to visualize Rosicrucian Park and the morning, afternoon, and evening sessions, the opportunity to see the museum, and to meet the officers, etc. He went on visualizing, building air castles of magnificent quality and—fell asleep while doing it. In his



sleep, he found himself at Rosicrucian Park, having a great time when something awakened him and he realized he had been asleep. Finding it rather late, he retired.

All the next day he never went into the sitting room of his home, and never gave any more thought to the details of his daydreaming until night came when he began to pack his things. Then he began to wonder about the telegram. He wasn't quite sure whether he had sent it or not until he realized that he had not gone out of the house that night but had fallen asleep. Going down to the sitting room and looking at the desk in the corner, he found there the little piece of paper with his message written upon it. He realized that reserving a room by writing a telegram and leaving it on a desk would never get the room reserved. Thinking it might be too late to send the telegram he decided to come and take a chance on the hotel room. We found a room for him, and he was delighted with it, and said it closely resembled what he had visualized. The important point, however, as he pointed out to many of the members, is this: What would have happened if that telegram had been of a very serious nature that needed immediate action within an hour or a few minutes? Sitting at a desk and holding the telegram in your hand and daydreaming over the effects of it when it is finally delivered is simply delaying the delivery of it. It is better to get the telegram on its way and then do the daydreaming.

That is precisely what hundreds of our members have been doing in the past. In the early Degrees we find it necessary to remind them frequently that they must release the message or the picture from their minds. Concentrating on it for a long time, and then going around with the picture still in the mind, never lets the picture get outside the consciousness. Until it is released from the consciousness into the Cosmic Consciousness, it will not go on its way. Until you hand the telegram over to the telegraph operator, it will never reach its destination.

Some have written that in their recent experiments they have been concentrating too long, and visualizing too intently the thing they wanted to have reach the Cosmic. They discovered it was not reaching the Cosmic because they did not release it. Some persons seem to think that the longer a thought, idea, or picture is held in the consciousness and visualized, the stronger will be the impression on someone or some place. That is not true. You may hold the telegram and read it intently for three-minute intervals throughout twenty-four hours until you know it forward and backward, and then visualize it with your eyes closed, but the telegram will never move one inch away from you in that manner. It has to be dismissed, released and turned over to the transmitting power. I have often watched a telegraph operator begin pounding the key to call some distant country. Finally when he had received an answer, he would take off the message in dots and dashes and sign the



signature of our station to it, and then get up and say, "Well, that is done; it's on its way!" He did not continue to sit at the table looking at the message, visualizing how it was going through the air, and how someone would receive it and smile over it and get joy out of the greetings, etc., but he simply dismissed the matter with the firm conviction that the message, having been released into the atmosphere, was already in the consciousness of the person at the distant point.

Visualizing and concentrating on a message, a question, a picture, a thought, a principle, should be carried out only long enough to make it clear and definite in your own mind. If it is involved and complicated and so tangled up that you cannot visualize it almost instantaneously, you had better wait until you have simplified it.

In ninety-nine cases out of a hundred the thought or picture you are trying to visualize is something that you can see clearly in a moment. To describe it will take hundreds of words, and perhaps ten minutes of time. I can, for instance, say that last summer on a vacation trip, I was in the mountains and saw lightning which we seldom or never see in the valleys of California, that in a safe place where the lightning would not have a tendency to strike, I watched the bolts striking toward the earth, especially toward a small lake where the forked lightning often comes down and strikes right into the center of the lake, causing a ball of fire to slip into the water or roll along its surface and explode in brilliant illumination on the lake. Finally, I saw this bolt come down, hit the lake, explode, like fireworks with a greenish-blue-white brilliancy that was dazzling. I have taken a great many words to describe this, but you can close your eyes and see the thing in half a second. In dreams we often have an experience that takes five minutes to describe, whereas the whole dream itself didn't occupy more than three seconds in occurrence.

Whatever may be in your mind when you concentrate and meditate, try to simplify it, not in words but in picture form. Even if it is a message, try to translate it into a picture. You want to say, for instance, "I have not heard from you for a long time, and you owe me a letter; sit down now and let me know that you received an impression from me to write." Instead of repeating those words and trying to think of the person getting your message, visualize that person suddenly thinking of you and picking up a pen and a sheet of paper or a post card and writing you a message. That picture you can visualize for a few seconds as an urge for the person to act.

When that person receives the message, he will suddenly feel himself wanting to write to you, and along with it a hint that the urge has come from you. After you have visualized this action on the part of the other person for two minutes, stop thinking about it. Say to yourself, if you wish, "I am releasing that message. It is on its way, and I am through!" Then get up



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and dismiss the thing from your mind just as you would walk out of a telegraph office after you handed the message to the operator. You may think later about the answer you will get, or you may hope that it will be the right kind of answer, but you do not keep on visualizing your part of it.

This is the attitude you must take in regard to recent experiments. Whenever you look into the bowl of water to form a picture or ask a question, try it for two or three minutes until the thought is formed, then release it, and stop thinking or concentrating on it. Leave your mind clear and your consciousness open for any reaction and any return impression. If you are watching something develop in the spots of light on the water, do not keep thinking of the idea that you are visualizing, but dismiss your side of it and become the receiver with an open mind as though you did not know what was going to come back. Another important point: Do not try to anticipate or guess what the answer or picture will be in the water as you are concentrating. Do not allow your imagination to build up something and thereby create an artificial or incorrect picture. Just because something red is formed do not conclude that it is going to be a rose. Just because something is oblong and of a gray color with a spot of another color on top of it, do not think that it is a book or a picture card until it is completely formed. The same is true in regard to messages. After you get the first few words, do not try to figure out the rest of the message. You may deceive yourself by anticipating something.

Try the experiment this week with the rose and cross as explained to you last week, but use these points about concentrating, visualizing and keeping your mind open to any reaction that may come. I think you will find these points helpful in all of your psychic contacts.

May Peace Profound abide with each of you.

Fraternally,

YOUR CLASS MASTER

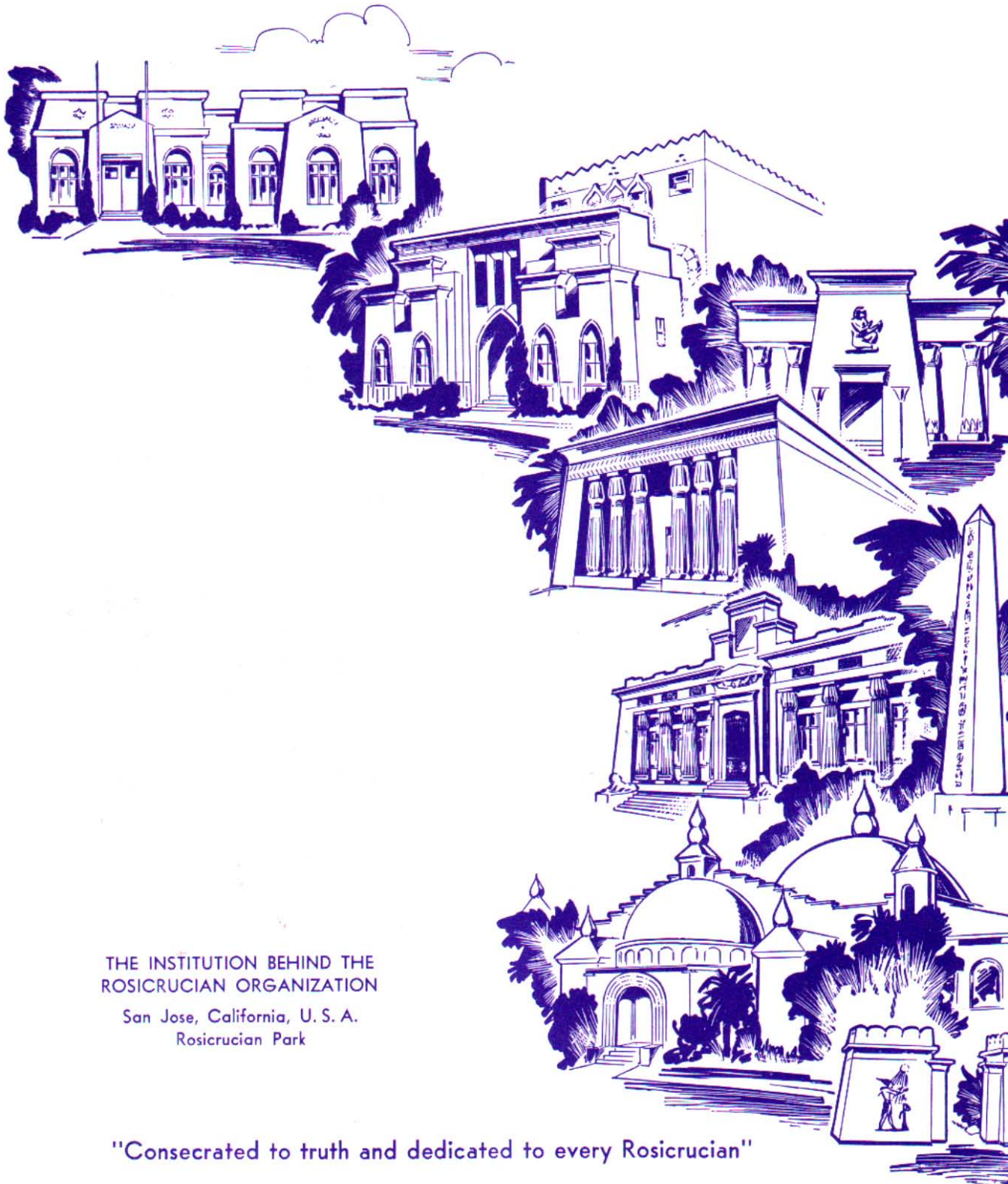


Summary of This Monograph



Below is a summary of the important principles of this monograph. It contains the essential statements which you should not forget. After you have carefully read the complete monograph, try to recall as many as you can of the important points you read. Then read this summary and see if you have forgotten any. Also refer to this summary during the ensuing week to refresh your memory.

- ¶ Visualizing and concentrating on a message, a question, a picture, a thought, a principle should be carried out only long enough to make it clear and definite in your own mind. Unless you can visualize it almost instantaneously, wait until you have simplified it.
- ¶ This applies to recent experiments with the bowl of water. Release the thought or picture after two or three minutes, leaving the consciousness open for any reaction and return impression.
- ¶ Do not try to guess or anticipate what picture or answer you will receive. By anticipating something you may only deceive yourself.



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